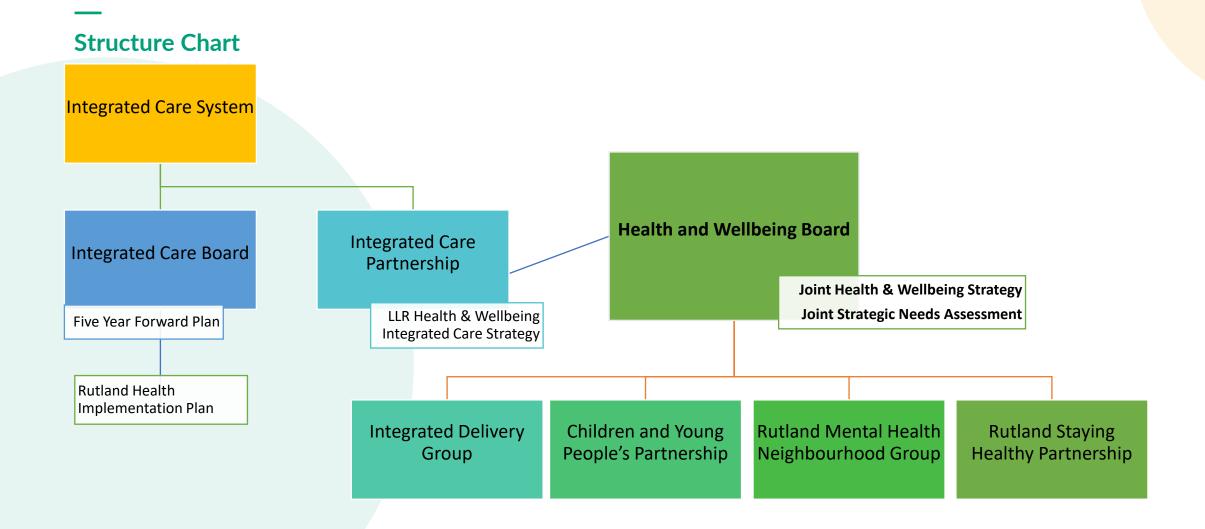


# Rutland County Council Rutland Health and Wellbeing Landscape

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# **Integrated Care System**

Integrated Care Systems (ICSs) 'Leicester, Leicestershire and Rutland ICS' are partnerships that bring together NHS organisations, local authorities and others to take **collective** responsibility for:

- Planning and delivering joined up health and care services
- Improving health and reducing inequalities across geographical areas

The aim is to improve the lives of people who live and work in their area.

The 2022 Health and Care Act formalised ICSs as legal entities with statutory powers and responsibilities, previously being informal.

Statutory ICSs comprise two key components:

- Integrated Care Board 'NHS LL&R ICB'
- Integrated Care Partnership 'LL&R Health and Wellbeing Partnership'

## **Integrated Care Board**

**Integrated Care Boards (ICBs):** statutory bodies that are responsible for **planning and funding** most NHS services in the area.

The role of ICB is to develop a **plan** to meet the health needs of the population and to arrange and manage the budget for the provision of NHS services.

**LLR ICB 5 Year Forward Plan - Areas of focus include but not limited to:** 

- Mental health and dementia
- Integrated health and social care teams
- Improving pathways for elective care
- Management of long-term conditions
- There is an overriding focus on prevention

Members of the ICB are senior leaders from NHS organisations and local authorities in Leicester, Leicestershire and Rutland. The ICB has oversight of the whole health system, sets the strategic direction and works jointly with the Health and Wellbeing Partnership to agree what needs to be done to meet the priorities for the ICS.

## **Integrated Care Partnership**

**Integrated Care Partnerships (ICPs):** statutory committees jointly formed between the ICB and a broad set of system partners (including local government, the voluntary, community sector, NHS organisations and others).

Concerned with improving the care, health and wellbeing of the population.

The ICP is tasked with developing a **strategy** to address the health, social care and public health needs of their system, and being a forum to support partnership working.

# LLR H&W Strategy key areas of focus:

- Reducing health inequalities
- Preventing illness and helping people to stay well
- Championing integration
- Fulfilling our role as Anchor organisations

#### Additionally for 2022-24:

- Coordinated action on the cost-of-living crisis
- Making it easier for people to access the services they need

# **Rutland Health Implementation Plan**

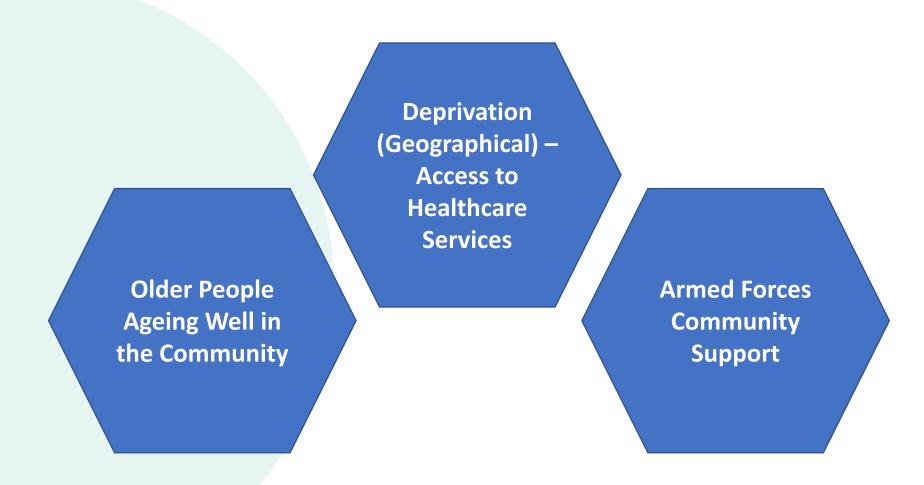
The Rutland Place Healthcare Plan 2023-2027, sets out how NHS services will be arranged and delivered in Rutland to meet the physical and mental health needs of the local population

- A previous Rutland Health and Wellbeing Board (RHWB) submission was made in July 2022. This has been refreshed in October 2023 for the RHWB.
- The latest version has been refreshed in the context of latest LLR system developments:
  - LLR 5YP (5 Year Forward Plan)
  - Partnership priorities
  - LLR Primary Care Strategy (inc. fuller actions)
- There are **9 delivery themes** providing **clear alignment to the LLR 5YP** for Rutland (where applicable).
- Will facilitate future ways of working with the RHWB, Scrutiny Committees and local delivery subgroups.
- Includes actions that have been progressed to date, new actions and evolved actions that build on previous plan achievements.

# **Rutland Health Implementation Plan - Delivery Themes**

1. Preventing Illness 2. Keeping People Well 3. Right Care, Right Time, Right Place 4. Integrated Community Health and Wellbeing Hubs 5. Optimal Pathways for Elective Care 6. Learning Disabilities and Autism 7. Mental Health 8. Women's Health, including Maternity 9. Childrens and Young People

# **Local Healthcare Implementation Focus**



# **Rutland Strategic Health Developments Board**

- This Board was established in May 2022 to oversee decision making, development and delivery of the healthcare plan for Rutland on behalf of the LLR ICB.
- This board drives the local healthcare strategic planning, relevant product development and delivery of the Rutland Healthcare Plan with a particular focus on the longer-term NHS strategic actions where the NHS has key linked transformation priorities for the LLR ICS.
- Members of this group are senior leaders from LLR NHS organisations, Rutland County Council and neighbouring NHS representatives from Lincolnshire, Peterborough and Stamford.

# Linkage



- The ICB and local authorities will have to have regard to ICP strategies when making decisions.
- The ICB and ICP will also have to work closely with local Health and Wellbeing Boards (HWBs) as they have the experience as 'place-based' planners.
- The ICB will be required to have regard to the Joint Strategic Needs Assessments (JSNAs) and Joint Local Health and Wellbeing Strategies (JHWSs) produced by HWBs.

# **Health and Wellbeing Board**

The Rutland Health and Wellbeing Board (RHWB) is a **formal statutory committee of the local authority**. Under the Health and Social Care Act 2012, the HWBs have the following duties and functions:

- provide a strong focus on establishing a sense of place
- instil a mechanism for joint working and improving the wellbeing of their local population
- set strategic direction to improve health and wellbeing

**Aim of the Rutland HWB** - improve the health and wellbeing of our local population and reduce health inequalities, through the provision of:

- 1. Collaborative leadership that influences, shapes and drives a wide range of services and interventions spanning health care, social care and public health.
- 2. Strategic oversight of, and challenge to, the planning, strategy, commissioning and delivery of services across health, social care, public health, children's and young people's services and other services that the Board agrees impact on the wider determinants of health.

# Health and Wellbeing Board...continued

Chair: Portfolio Holder for Adult Care and Health.

**Membership**: includes representation from the local authority, health, public health, police and from the voluntary and community sector.

Rutland as a **Place** falls within the wider health and care footprint of the Leicester, Leicestershire and Rutland (LLR) Integrated Care **System** (ICS).

There is a **statutory duty** with the ICB, to produce a:

- Joint Strategic Needs Assessment (JSNA)
- Joint Health and Wellbeing Strategy (JHWS)

Local Authorities and ICBs have equal and joint duties to prepare JSNAs and JHWSs, through the Health and Wellbeing Board.

#### Joint Strategic Needs Assessment (JSNA)

JSNAs are assessments of the current and future health and social care needs of the local community. These are needs that could be met by the local authority, ICBs or the NHS. JSNAs are produced by Health and Wellbeing Boards and are unique to each local area.

The JSNA assesses needs based on local intelligence and insight, with clear recommendations for action. The Rutland Health and Wellbeing Board has responsibility for assessing the health and wellbeing needs of their population and publishing the JSNA.

Chapters are produced on a rolling basis, aligned to the priorities set out within the Joint Health and Wellbeing Strategy. Throughout 2022/23, the following JSNA chapters have been completed and approved by the Board:

- Health Inequalities in Rutland
- End of life care
- Oral Health

An updated Pharmaceutical Needs Assessment was also completed and approved by the Board in July 2022, which is a statutory duty.

# Joint Health and Wellbeing Strategy (JHWS)

The Health and Wellbeing Strategy outlines the priority areas and how we will work together to improve people's health and reduce health inequalities that exist in the county. It:

- informs the development of joint commissioning arrangements in the place and the co-ordination of NHS and local authority commissioning, including the Better Care Fund plan.
- is a strategy for meeting the needs identified in JSNA. As with JSNA, they are produced by health and wellbeing boards, and are unique to each local area.
- explains the priorities the health and wellbeing board has set in order to tackle the needs identified in their JSNAs. JHWSs should translate JSNA findings into clear outcomes the board wants to achieve, which will inform local commissioning.

#### Rutland Health and Wellbeing Integration Lead (HWIL)

The role of the HWIL includes facilitating the delivery of the JHWS through working with Priority Leads and other stakeholders. The role also includes support to the chair of the HWB and management of the Better Care Fund.

Rutland's Joint Health and Wellbeing Strategy: The Rutland Place Based Plan 2022-2027

Please use the link below to access the Strategy on the Rutland County Council Website:

https://www.rutland.gov.uk/sites/default/files/2023-10/Health%20and%20Wellbeing%20Strategy%202022-2027 0.pdf

Vision: Nurture safe, healthy and caring communities in which people start well and thrive together throughout their lives

The strategy has seven priority areas for action:



The Rutland Health and Wellbeing Delivery Action Plan is a working document with a range of activities to achieve the outcomes of the strategy.

# Joint Health and Wellbeing Strategy: Plan Priorities and Action Areas - 1 of 3

#### **Priority 1: Best start for life**

- 1.1 Healthy child development in the first 1001 days
- 1.2 Confident families and young people
- 1.3 Access to health services

### **Priority 2: Staying healthy and independent: prevention**

- 2.1 Taking an active part in your community
- 2.2 Looking after yourself and staying well in mind and body
- 2.3 Encouraging and enabling take-up of preventative health services

#### Priority 3: Healthy ageing and living well with ill health

- 3.1 Healthy ageing, including living well with long term conditions and frailty, and falls prevention
- 3.2 Integrating services to support people with long term health conditions
- 3.3 Support, advice and community involvement for carers
- 3.4 Healthy fulfilled lives for people living with learning or cognitive disabilities and

# Joint Health and Wellbeing Strategy: Plan Priorities and Actions Areas - 2 of 3

#### **Priority 4: Equitable access to services**

- 4.1 Understanding the access issues
- 4.2 Increasing the availability of diagnostic and elective health services closer to home
- 4.3 Improving access to primary and community health and care services
- 4.4 Improving access to services and opportunities for people less able to travel
- 4.5 Enhancing cross boundary working across health and care

#### **Priority 5: Preparing for our growing and changing population**

- 5.1 Planning and developing fit for the future health and care infrastructure
- 5.2 Health and care workforce fit for the future
- 5.3 Health and equity in all policies, including developing a healthy built environment for projected growth

# Joint Health and Wellbeing Strategy: Plan Priorities and Action Areas - 3 of 3

#### **Priority 6: Dying well**

- 6.1 Each person is seen as an individual
- 6.2 Each person has fair access to care
- 6.3 Maximising comfort and wellbeing
- 6.4 Care is coordinated
- 6.5 All staff are prepared to care
- 6.6 Each community is prepared to help

#### **Priority 7: Cross-cutting themes**

- 7.1 Supporting good Mental health
- 7.2 Reducing health inequalities
- 7.3 COVID-19 recovery

# **Sub-Groups of the Health and Wellbeing Board**

**The Sub-Groups** provide leadership, direction and assurance, on behalf of the Rutland HWB, so that the place and neighbourhood-based vision for integrated health and care in Rutland is delivered, in line with national policy and local priorities.

#### The Staying Healthy Partnership

<u>Aim</u>: Progress workstreams within the Rutland Health and Wellbeing Strategy delivery plan relating to primary prevention, the wider determinants of health and health inequalities. Work has progressed on the health inequalities workstream, including the development of a Health Inequalities Needs Assessment and board development session.

#### **Rutland Mental Health Neighbourhood Group**

<u>Aim</u>: Lead on driving, coordinating and enabling mental health transformation, working with the HWB, local authority, local VCS partners and local health organisations.

<u>Objectives</u>: include the creation of a local plan to better coordinate care and deliver an improved response for low level mental health issues. Next steps for the group are to deliver an integrated neighbourhood approach to ensure that mental health needs in Rutland are met.

# **Sub-Groups of the Health and Wellbeing Board...continued**

#### **Integrated Delivery Group (IDG)**

<u>Purpose</u>: Provide leadership, direction, and assurance, on behalf of the Rutland HWB, so that the vision for integrated health and care in Rutland is delivered.

<u>Functions</u>: include proposing the scope for the programmes, driving forward and leading on monitoring the delivery of the Joint Health and Wellbeing Strategy.

Supports the development of the Rutland Better Care Fund (BCF) Plan and associated metrics. HWB approves the BCF expenditure plan and leads on delivery.

#### **Children and Young People's Partnership (CYPP)**

<u>Purpose and Aim</u>: Supports the development and improvement of services for children and young people in Rutland; ensures that children and young people are happy, safe and successful and empowered to be the best they can be.

Reports to the HWB to ensure that the needs of children, young people and families in Rutland influence planning for health and wellbeing improvements. It proposes scope for plans and oversees their delivery on behalf of the HWB.